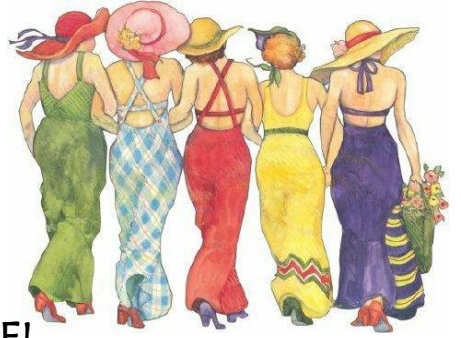


Second Floor Classroom WORKSHOPS



* Workshops are starting and ending ON TIME!
Arrive early to avoid disturbing others.
Enjoy! We have a great line up!!!

11:30 **Women's Cancers and Prevention**
by Angela Daley of *The Canadian Cancer Society*

12:00 **Creating the Romance**
by Sandra Harrison of *Undercoverwear*

12:30 **Taking Responsibility**
by Ann Kyer of *Investors Group*

1:00 **Cooking Demo**
by Rejeanne Robichaud of *Epicure Selections*

1:30 **Living With Purpose**
by Sue Kenny, Author

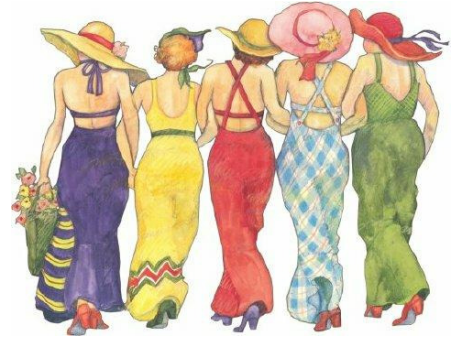
2:00 **Experience the Power of Natural Salt!**
by Szilvia Passfield of *Customised Bodycare*

2:30 **How to Create a New You Inside and Out**
by Pat Edge of *Griffin Health and Fitness*

3:00 **Tole painting techniques**
by Linda Smith of *Bee Wearables*

Walkabout Fashions in the 3rd Floor Lunch area by
Berry Ellen Clothier

Team Teaching Room
Main Floor
WORKSHOPS



* Workshops are starting and ending ON TIME!
Arrive early to avoid disturbing others.
Enjoy! We have a great line up!!!

11:30 **Sanity Secrets for Stressed-Out Women**
Keynote Speaker, *Author Sue Augustine*

12:30 **Designer Window Coverings**
by Michelle Auger of *Finesse Interior Design*

1:00 **Success with Houseplants**
by Brenda Pickvance of *Whisperwood Gardens*

1:30 **Natural Alternatives for Spirit, Mind, Body**
by Tamara Strupp of *Ask Jewelee*

2:00 **Lamp Berger, Air Purifier**
by Karen D'Angelo of *Victoria's Vanity*

2:30 **Designing your space for Body, Mind and Spirit**
by Haissam Halabi of *Purple Feather*

3:00 **Sanity Secrets for Stressed-Out Women**
Keynote Speaker, *Author Sue Augustine*